

Lunch Menu

Week 1



MONDAY Swedish Meatballs Chicken & Vegetable Meatballs 		TUESDAY Margherita Pizza Freshly Made Deep Pan Pizza		WEDNESDAY Roast Chicken Roasted Marinated Chicken Thigh  		THURSDAY Sausage Rolls Chicken		FRIDAY Chicken Nuggets 		
 Vegan Swedish Meatballs Homemade Veggie Meatballs   		Veggie Pizza Freshly made deep pan Pizza		Crispy Cheese & Lentil Bake 		Cheese & Onion Rolls		Veggie Nuggets 		
SIDES PASTA WITH	Pasta, Tomato Sauce & Green Beans	Baked Potato Wedges & Coleslaw or Salad		Roasted Potatoes, Carrots & Sweetcorn		Mashed Potato & Peas		Chips & Baked Beans		SIDES PASTA WITH
	Homemade Tomato Sauce   	Nut Free Spinach & Basil Pesto 		Homemade Tomato Sauce   		Nut free Spinach & Basil Pesto 		Homemade Tomato Sauce   		
< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- > 										
Apple Sponge & Custard  		Jelly & Fruit Slices   		Carrot & Cinnamon Cookies 		Fruit Salad   		Marble Shortbread 		
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY										

Icon Key



Added plant power



Wholemeal



Vegan



Vegetarian



Oily fish



Full of fruit



Nutritionist's Choice



Extra Protein Power



Good for your gut

Lunch Menu

Week 2



MONDAY Crunchy Topped Mac n Cheese 		TUESDAY Sausage & Mash Chicken		WEDNESDAY Roast Chicken 		THURSDAY Chicken Tikka Biryani  		FRIDAY Fish Fingers Breaded Pollock Fish Fingers 		
Vegetable Bean Chilli 		Veggie Sausage & Mash		Cauliflower Cheese		Vegetable Bombay Biryani     		Roasted Veggie Pittas 		
SIDES	Rice & Coleslaw or Salad	Mashed Potatoes & Peas		Roast Potatoes, Carrots & Green Cabbage		Wholegrain Rice & Broccoli		Chips & Baked Beans		
	Homemade Tomato Sauce   		Nut Free Spinach & Basil Pesto 		Homemade Tomato Sauce   		Nut Free Spinach & Basil Pesto 		Homemade Tomato Sauce   	
	< ----- Available Daily - Jacket Potato with a choice of Cheese or Baked Beans or Tuna Mayo ----- > 									
Vanilla Sprinkle Sponge 		Watermelon Sticks   		Fruit Bowls   		Chocolate Bricks 		Ice Cream Tubs 		
SEASONAL VEGETABLES, YOGHURT AND FRUIT ARE AVAILABLE DAILY										

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