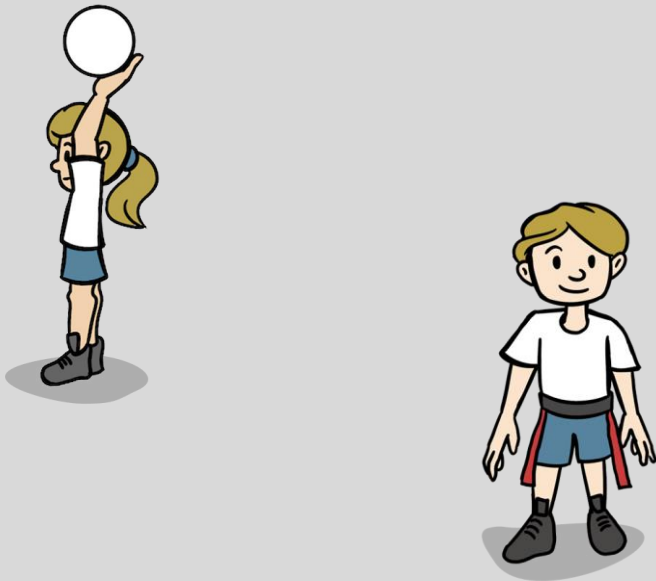
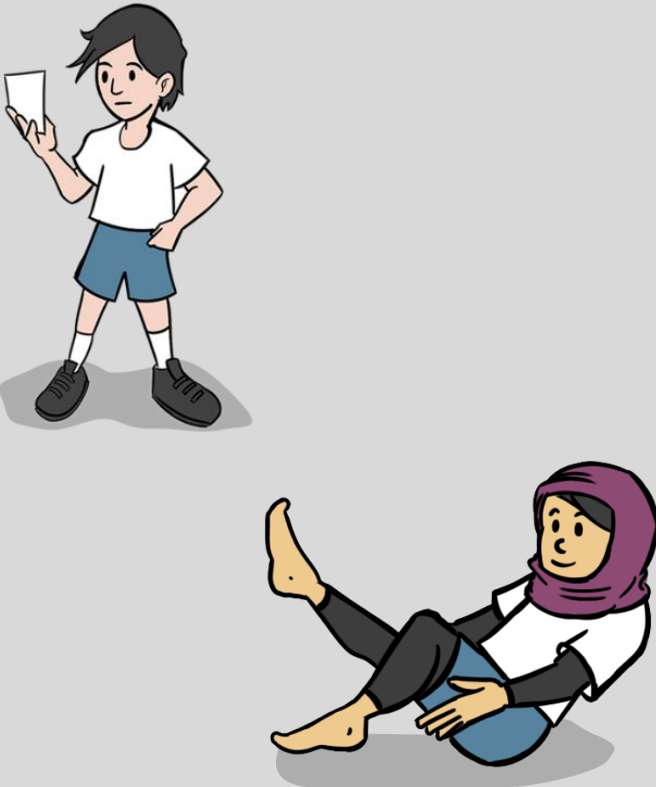


ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

SUBJECT: PE		YEAR 5	AUTUMN TERM	
			AUTUMN 1: Netball/Tag Rugby (4A) Tag Rugby/Netball (4C) AUTUMN 2 : Adventurous Activities (4A) Dance (4C)	
Knowledge Focus	Netball / Tag Rugby		Dance	Adventurous Activities
National Curriculum Knowledge	<i>Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.</i>		<i>To perform dances using a range of movement patterns.</i>	<i>To take part in outdoor and adventurous activity challenges both individually and within a team.</i>
Year 5 Autumn 1	Key Knowledge & Skills: Netball <ul style="list-style-type: none"> To know how to pass and move <i>towards goal</i> To know how to create space in attack To know how to change direction to lose an opponent To know how to intercept by defending ball side To know how to shoot To know how to lose a defender to receive the ball To know the rules and officiate and play in games Tag Rugby <ul style="list-style-type: none"> To know and implement basic attacking principles To know the basic passing technique To know the offside rule To know how to draw a defence and when to pass To know how to defend as a unit 			

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SUBJECT: PE		YEAR 5	AUTUMN TERM	
			AUTUMN 1: Netball/Tag Rugby (4A) Tag Rugby/Netball (4C)	
			AUTUMN 2 : Adventurous Activities (4A) Dance (4C)	
Knowledge Focus	Netball / Tag Rugby		Dance	Adventurous Activities
National Curriculum Knowledge	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending.		To perform dances using a range of movement patterns.	To take part in outdoor and adventurous activity challenges both individually and within a team.
Autumn 2			Key Knowledge & Skills: Dance <ul style="list-style-type: none"> To know what a random structure is and choreograph a dance with varying dynamics, speed and movements. To know what a pose is and link them with transitions To know how to apply simple choreographic devices when working as part of a group. To know how different styles can be represented in different ways through varying movements. To know what the 'rock n' roll' style looks like 	Key Knowledge & Skills: Adventurous Activities (AA) <ul style="list-style-type: none"> To know how to communicate and overcome tasks while staying safe To know how to overcome problems as part of a team To know how to trust a teammate and develop tactical planning To understand what a key is and use it effectively to navigate