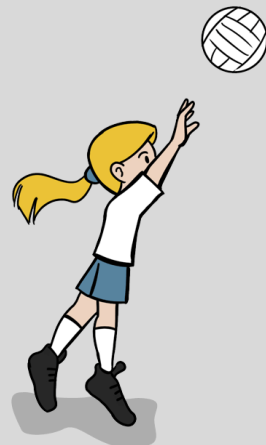



# ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

SUBJECT: PE		YEAR 6	SUMMER TERM UNIT 5: Cricket UNIT 6: Volleyball
Knowledge Focus	Cricket		Volleyball
National Curriculum Knowledge	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending Use running, jumping, throwing and catching in isolation and in combination		
Year 6 Summer Term	<b>Key Knowledge &amp; Skills:</b> <b>Cricket</b> <ul style="list-style-type: none"> <li>• To know how to overarm throw;</li> <li>• To know how to under arm bowl;</li> <li>• To know how to catch;</li> <li>• To know how to grip the bat and develop technique;</li> <li>• To know the short barrier;</li> <li>• To know the overarm bowling technique;</li> <li>• To know how the different roles within the game and play them;</li> <li>• To know the rules to play mini cricket.</li> </ul>		
Year 6 Summer Term		<b>Key Knowledge &amp; Skills:</b> <b>Volleyball</b> <ul style="list-style-type: none"> <li>• To know and understand the ready position</li> <li>• To know and develop the fast catch volley</li> <li>• To know and understand the dig and when to use it</li> <li>• To know the rules of serving and develop technique</li> <li>• To know the basic scoring systems and when to rotate</li> </ul>	