

## ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

SUBJECT: PE		YEAR 2	SPRING TERM <b>UNIT 3: Gymnastics/Dance</b> <b>UNIT 4: Sending and Receiving and Team Building</b>	
Knowledge Focus	Basic Movement and Team Games		Gymnastics	Dance
National Curriculum Knowledge	Master basic movements including running, jumping, throwing and catching, as well as participate in team games, developing simple tactics for attacking and defending.		Developing balance, agility and co-ordination, and begin to apply these in a range of activities.	Perform a dances using simple movement and patterns
Year 2 Spring 1			<ul style="list-style-type: none"> <li>To know and implement how to travel in different directions, actions and levels</li> <li>To know different shapes, take offs and landings when jumping for an audience</li> <li>To know how to perform different rolls</li> <li>To know how to build sequences, including on apparatus</li> </ul>	<ul style="list-style-type: none"> <li>To know how to use space and create actions based on a theme.</li> <li>To know how to use facial expressions to show different characteristics</li> <li>To know the uses of dynamics and speed in a performance</li> <li>To know how to perform in unison</li> <li>To know how to mirror a partner</li> </ul>
Year 2 Spring 2	<b>Sending and Receiving</b> <ul style="list-style-type: none"> <li>To know how to stop, send and receive a ball with your feet</li> <li>To know how to use a stick to send and receive</li> <li>To send a ball using a racket</li> </ul> <b>Team Building</b> <ul style="list-style-type: none"> <li>To know how to communicate and work as a team.</li> <li>To know how to plan to solve challenges</li> </ul>			