



# ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

<b>SUBJECT: PSHE</b> 	<b>YEAR 3</b>	<b>AUTUMN TERM</b> <b>UNIT 1:</b> 1a LWW - Rules 1b EHW – Concentration and Improvement 1c LWW – Rules, rights and routines	<b>UNIT 2:</b> 2a R/EHW – Positive relationships 2b LWW – Money/Value/Community/Gratitude
<b>Knowledge Focus</b>	<b>Core Theme 1: Health and Wellbeing</b> (Emotional Health & Wellbeing Physical Health & Wellbeing)	<b>Core Theme 2: Relationships</b>	<b>Core Theme 3: Living in the Wider World</b>
<u>PSHE Education Primary Toolkit 2020</u> Relationships R1 – H34 Health and Wellbeing H1 – H50 <i>Living in the Wider World L1 – H32</i>	<p>Self-improvement (including through constructive self-reflection, seeking and utilising constructive feedback and goal-setting)</p> <p>Developing and maintaining a healthy self-concept (including self-confidence, realistic self-image, self-worth, assertiveness, self-advocacy and self-respect)</p> <p>Enterprise skills and attributes (e.g. aspiration, creativity, goal setting, identifying opportunities, taking positive risks).</p>	<p>Self-regulation (including promotion of positive, growth mindset and managing strong emotions and impulses).</p> <p>Empathy and compassion (including impact on decision-making and behaviour)</p> <p>Managing feelings.</p> <p>How we should we treat others people?</p> <p>How does our behaviour and choices impact on others?</p>	<p>Clarifying own values</p> <p>Strategies for identifying and accessing appropriate help and support</p>
<b>Year 3 Autumn 1</b>	<p><b>Concentration and Improvement</b></p> <ul style="list-style-type: none"> <li>To know what concentration means.</li> <li>To know what improvement means.</li> <li>To develop strategies for concentration and improvement.</li> </ul>		<p><b>Rules</b></p> <ul style="list-style-type: none"> <li>To know the School rules.</li> <li>To know why we have rules.</li> <li>To know what happens if we do not follow the rules – consequences.</li> <li>To know it is the responsibility of all to follow the rules.</li> </ul> <p><b>Rules, Rights and Routines</b></p> <ul style="list-style-type: none"> <li>To know how rules and routines make sure our School runs smoothly.</li> <li>To know that following the rules and routines is all of our responsibly.</li> <li>To know that everyone has the right to be safe, happy and listened to.</li> <li>To understand we all contribute to the class and school life.</li> </ul>

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<u>PSHE Education Primary Toolkit 2020</u> Relationships R1 – H34 Health and Wellbeing H1 – H50 <i>Living in the Wider World L1 – H32</i>	Self-improvement (including through constructive self-reflection, seeking and utilising constructive feedback and goal-setting) Developing and maintaining a healthy self-concept (including self-confidence, realistic self-image, self-worth, assertiveness, self-advocacy and self-respect) Enterprise skills and attributes (e.g. aspiration, creativity, goal setting, identifying opportunities, taking positive risks).	Self-regulation (including promotion of positive, growth mindset and managing strong emotions and impulses). Empathy and compassion (including impact on decision-making and behaviour) Managing feelings. How we should we treat others people? How does our behaviour and choices impact on others?	Clarifying own values Strategies for identifying and accessing appropriate help and support
<b>Year 3 Autumn 2</b>	<b>Positive Relationships</b> <ul style="list-style-type: none"> <li>To identify the types of relationship they have with those who are important to them.</li> <li>To describe how people in different relationships show they care for and value each other.</li> <li>To identify what makes a friendship good and how they know.</li> <li>To be able to describe or demonstrate ways of showing respect to people who are different to them.</li> <li>To identify peaceful ways to solve problems that might arise in friendships.</li> <li>To describe how one person's actions can affect another person, or a group of people.</li> </ul>		<b>Money/Value/Community/Gratitude</b> <ul style="list-style-type: none"> <li>To know what might make someone want to spend or save their money.</li> <li>To know several ways a person can pay, and understand what 'cashless' means.</li> <li>To know that money borrowed has to be paid back with interest.</li> <li>To know that outgoings should not exceed income, and that may mean not having everything wanted straight away.</li> </ul>