ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION
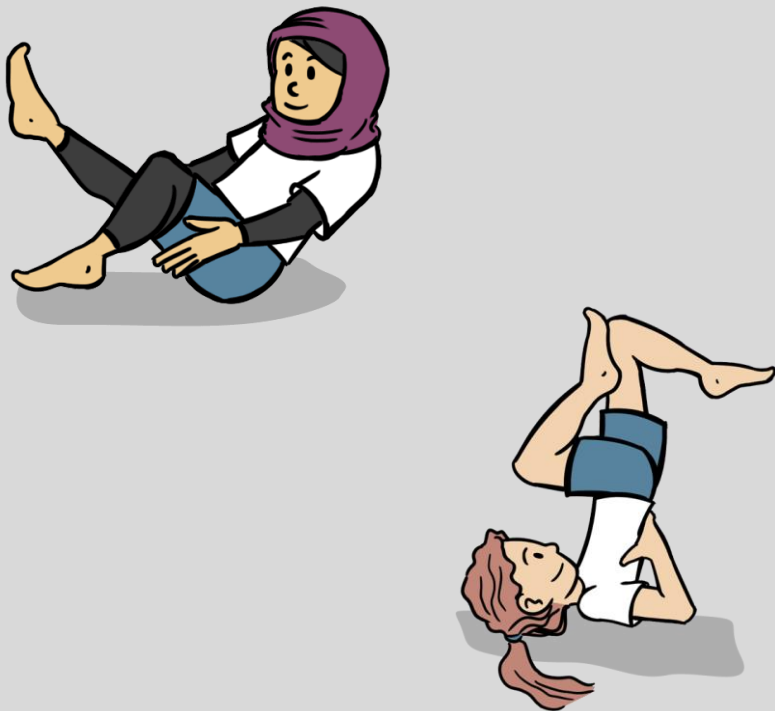
SUBJECT: PE	YEAR 2	AUTUMN TERM UNIT 1: Team Building / Sending and Receiving UNIT 2: Dance and Gymnastics
Knowledge Focus	**Team Building / Sending and Receiving**	**Dance and Gymnastics**
National Curriculum Knowledge	*Master basic movements including running, jumping, throwing and catching, as well as participate in team games, developing simple tactics for attacking and defending.* *Developing balance, agility and co-ordination, and begin to apply these in a range of activities.*	*Perform dances using simple movement and patterns.* *Developing balance, agility and co-ordination, and begin to apply these in a range of activities.*
Year 2 Autumn 1	**Key Knowledge & Skills:** **Team Building** • To know how to communicate and work as a team. • To know how to plan to solve challenges **Sending and Receiving** • To know how to stop, send and receive a ball with your feet • To know how to use a stick to send and receive • To send a ball using a racket	

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Year 2 Autumn 2		**Key Knowledge & Skills:** **Dance** • To know how to use space and create actions based on a theme. • To know how to use facial expressions to show different characteristics • To know the uses of dynamics and speed in a performance • To know how to perform in unison • To know how to mirror a partner **Gymnastics** • To know and implement how to travel in different directions, actions and levels • To know different shapes, take offs and landings when jumping for an audience • To know how to perform different rolls • To know how to build sequences, including on apparatus