

ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

SUBJECT: PE		YEAR 3	SUMMER TERM UNIT 5: Rounders UNIT 6: Athletics
Knowledge Focus	Rounders	Athletics	
National Curriculum Knowledge	Play competitive games, modified where appropriate and apply basic principles suitable for attacking and defending	Use running, jumping, throwing and catching in isolation and in combination	
Year 3 Summer 1	Key Knowledge & Skills: <ul style="list-style-type: none"> To know how to throw and catch with accuracy under pressure; To know the role of the bowler and the bowling action; To know batting technique; To know when to stump a batter out; To know a variety of fielding techniques; To know long and short barriers; To know how to play competitively. 		
Year 3 Summer 2		Key Knowledge & Skills: <ul style="list-style-type: none"> To know the basic sprinting technique; To know how to move over obstacles fluently; To know basic relay routines; To know how to throw for distance using the pull throw; To know how to jump for height and distance with a safe landing; To have the knowledge to officiate. 	