


ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

| SUBJECT: PSHE  | YEAR 2 | SPRING TERM UNIT 3: 3a EHW – Trying new things 3b E/PHW – Internet safety | UNIT 4: 4a PHW – Staying safe 4b EHW – Changes and feelings |
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| Knowledge Focus | Core Theme 1: Health and Wellbeing (Emotional Health & Wellbeing/Physical Health & Wellbeing) | | |
| <u>PSHE Education Primary Toolkit 2020</u> Health and Wellbeing H1 – H50 | Self-improvement (including through constructive self-reflection, seeking and utilising constructive feedback and goal-setting) Developing and maintaining a healthy self-concept (including self-confidence, realistic self-image, self-worth, assertiveness, self-advocacy and self-respect) Enterprise skills and attributes (e.g. aspiration, creativity, goal setting, identifying opportunities, taking positive risks). | | |
| Year 2 Spring 1 | Trying New Things <ul style="list-style-type: none"> To know that everyone is unique in their own way. To describe what makes them special. To identify choices they can make about their health and wellbeing. To identify some of the consequences of different choices, both good and not so good. To know who or what helps them make a choice. Internet Safety <i>Pupils should know:</i> <ul style="list-style-type: none"> <i>That people sometimes behave differently online, including by pretending to be someone they are not.</i> <i>The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them.</i> <i>Where to get advice e.g. family, school and/or other sources</i> | | |
| Year 2 Spring 2 | Staying Safe <ul style="list-style-type: none"> To know keeping clean helps my body stay healthy. To know secrets are different from surprises. To know when I feel comfortable or uncomfortable. To know who I can tell if something or someone is making me feel uncomfortable. Changes and Feelings <ul style="list-style-type: none"> To know how my behaviour affects other people. To know that friends are kind and care for each other. To know that what I say may affect somebody's feelings. To know that everyone has the right to be safe, happy and listened to. | | |