


ALDER COPPICE PRIMARY SCHOOL UNIT INFORMATION

SUBJECT: PSHE 	YEAR 1	AUTUMN TERM UNIT 1: 1a LWW - Rules 1b LWW – Rights and routines 1c R – Friends and feelings	UNIT 2: 2a EHW – Concentration 2b EHW – Managing feeling and other people 2c LWW – Money/Value
Knowledge Focus	Core Theme 1: Health and Wellbeing (Emotional Health & Wellbeing Physical Health & Wellbeing)	Core Theme 2: Relationships	Core Theme 3: Living in the Wider World
<u>PSHE Education Primary Toolkit 2020</u> Relationships R1 – H34 Health and Wellbeing H1 – H50 <i>Living in the Wider World L1 – H32</i>	Self-improvement (including through constructive self-reflection, seeking and utilising constructive feedback and goal-setting) Developing and maintaining a healthy self-concept (including self-confidence, realistic self-image, self-worth, assertiveness, self-advocacy and self-respect) Enterprise skills and attributes (e.g. aspiration, creativity, goal setting, identifying opportunities, taking positive risks).	Self-regulation (including promotion of positive, growth mindset and managing strong emotions and impulses). Empathy and compassion (including impact on decision-making and behaviour) Managing feelings. How we should we treat others people? How does our behaviour and choices impact on others?	Clarifying own values Strategies for identifying and accessing appropriate help and support
Year 1 Autumn 1 Unit 1		Friends and Feelings <ul style="list-style-type: none"> To know how my behaviour affects other people. To know that friends are kind and care for each other. To know that I what I say may affect somebody's feelings. To know that everyone has the right to be safe, happy and listened to. 	Rules <ul style="list-style-type: none"> To know the School rules. To know why we have rules. To know what happens if we do not follow the rules – consequences. Rights and Routines <ul style="list-style-type: none"> To know how routine helps me feel secure. To know how routines make sure our School runs smoothly. To know that routine is all of our responsibly. To know that everyone has the right to be safe, happy and listened to.

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<p>Year 1 Autumn 2 Unit 2</p>	<p>Concentration</p> <ul style="list-style-type: none"> • To know what concentration means. • To know what improvement means. • To develop strategies for concentration and improvement. <p>Managing Feeling and Other People</p> <ul style="list-style-type: none"> • To know how my behaviour affects other people. • To know that friends are kind and care for each other. • To know that what I say may affect somebody's feelings. • To know that everyone has the right to be safe, happy and listened to. 		<p>Money/Value</p> <ul style="list-style-type: none"> • To know what might make someone want to spend or save their money. • To know where money can be stored to keep it safe. • To know what gratitude is. • To know that value doesn't necessarily mean monetary value.
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