

17 September 2026

Dear Parents/Carers,

PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION (PSHE) CHANGES

As part of your child's education at Alder Coppice Primary School, we promote personal wellbeing and development through our Personal, Social, Health and Economic Education (PSHE) programme which also includes Relationship, Sex and Health Education (RSHE) as part of the programme of study.

The Department for Education has announced statutory changes to PSHE & RSHE, with effect from now (September 2026). As a result, all schools are required to comply with the updated requirements.

We have recently reviewed both our PSHE & RSHE programmes in discussion with groups of children, and in line with the Government changes for September 2026. To ensure that we are fully compliant with current policy, we've adopted the *Jigsaw* programme of study as part of our curriculum for PSHE & RSHE. This fully compliant programme ensures that the provision is appropriate for our pupils based on our context and their:

- Age
- Physical and emotional maturity
- Religious and cultural backgrounds
- Special Educational Needs and disabilities

Policy

The RSHE Policy is available to view on the website under *Key Information* tab then *Policies*. The RSHE Policy is under the *Curriculum Policy* Section, or click on this link to view:

<https://www.alder.dudley.sch.uk/site/data/files/users/key-info/policies/591A0D58E3FF2BED3188A4745A3F4003.pdf>

We have made available on our School website under the *Learning tab - Curriculum* tab then *Year Group Curriculum Information* button:

- Whole School PSHE & RSHE Curriculum Overview – or click on this link to view:

<https://www.alder.dudley.sch.uk/site/data/files/users/learning/curriculum/53B2F751262E4C2898EEDEEC56EFC222.pdf>

It would be very helpful if you could take some time to look at the documents - you may wish to look at the content for your child's/children's year group, which will show you the skills and knowledge for each year group each term. The individual overviews for each year group can be found under the *Learning Tab – Curriculum*. The link below will take you to the Curriculum Page – then scroll down to choose the appropriate Year Group and look at the *PSHE* section.

<https://www.alder.dudley.sch.uk/page/?title=Year+Group+Curriculum+Information&pid=85>

For RECEPTION PSHE Overviews – click on the link below – then scroll down for the PSHE Long Term Overviews for each term.

<https://www.alder.dudley.sch.uk/page/?title=RECEPTION+LONG+TERM+CURRICULUM&pid=89>

We are now at the stage where it would be helpful to hear from yourselves about our planned Curriculum and would therefore appreciate you completing the Microsoft Forms Survey by 10am Tuesday 29 September: <https://forms.cloud.microsoft/e/6EVw72cmVJ> (One response per family).

If you would like any further information, please email the office. Paper copies of the policy and information relating to your child's year group is also available on request.

Yours sincerely

M Shee

Mrs M Shee
Deputy Headteacher