



ALDER COPPICE PRIMARY SCHOOL

PSHE

To know that renewable sources of energy are environmentally friendly and are sustainable

To explore the principles of Democracy and the negative practices that undermines it, such as anti-social behaviour

Living in the Wider World

Enterprise, entrepreneurs: To discuss making money – speculating to acuminate! (Charity market stall)

To suggest ways to volunteer or help with a cause they are passionate about, i.e. Dementia awareness

To explore the impact humans have upon the environment and form opinions, i.e. debate about zoos

To explore contributions to society, i.e. tax, NI, charity donations

Living in the Wider World

To know that volunteers are people who give their time and energy for free

To explore different careers and future aspirations

Living in the Wider World

To explore the responsibility of money, i.e. budgeting

To explore the concept of communities and inequality – some people want to help

To discuss rules and responsibilities in the UK

To suggest ways in which we can help the environment

Living in the Wider World

To say why we have the R & R Code

To know what saving means

Living in the Wider World

To talk about our local environment

To know the R & R Code

To talk about money and what you can do with it!

To know that stereotyping and discrimination are harmful to individuals and society

To recognise unhealthy relationships, i.e. forced marriage, and know that in such situations help must be sort

Relationships

To know there are different types of committed, loving relationships

To listen and respect other viewpoints and opinions whilst developing ones' own

To respect others' feelings and appreciate the need for confidentiality

Relationships

To recognise others' personal boundaries

To know that actions and behaviours have consequences

To recognise peer pressure and explore its consequences

To share what positive relationships looks like

Relationships

To know what is acceptable /unacceptable behaviour

To recognise others' feelings

To know that to resolve disputes the best way is through negotiation and compromise

Relationships

To share what positive relationships looks like

To explore empathy

To say how teasing makes them feel

Relationships

To talk about fair/unfair, right/wrong

To identify special people

YEAR 6

To know that some substances are legal and some are illegal – explore why they are used by some people in society

To discuss aspirations and measures to achieve these

To manage conflicting emotions and feelings

Emotional Health and Wellbeing

To know how to stay safe in different situations and how to help other - emergency aid

Emotional Health and Wellbeing

To develop strategies to cope with change, including puberty

To discuss coping with the emotional aspects of terminal illnesses in our families and the wider community

To know how to manage pressure and influences

To discuss balanced lifestyles: mind, choices

To explore conflicting feelings

Emotional Health and Wellbeing

To discuss achievements, set goals and ways to achieve them

Emotional Health and Wellbeing

To talk about managing feelings

To suggest ways in which to be healthy: balanced diet

To understand that change happens

To set goals

Primary Emotional Health and Wellbeing

Talk about feelings

To express likes and dislikes

YEAR 1

Physical Health and Wellbeing

To learn about physical change: puberty

To discuss balanced lifestyles: diet, exercise, choices

To know that all medicines are drugs, but not all drugs are medicines

Physical Health and Wellbeing

To know about hygiene practices and how they keep us healthy

To know how to stay safe (road, fire, sun, online)

Physical Health and Wellbeing

To suggest ways in which to be healthy: exercise

To suggest a hygiene practice that keeps us healthy

To know that germs may make us poorly

Physical Health and Wellbeing

YEAR 5

YEAR 4

YEAR 3

YEAR 2